

WCSO Gipsy Hill Seminar, Sunday 8th July 2018

Agenda

- 09:00-09:30 Registration tea & coffee
- 09:45-10:45 Mr Matthew Walden. OSCA & CHECK Institute.
Ghost in the Machine – Is Musculoskeletal Medicine Lacking Soul? An investigation into some of the research, the ‘noise’ and misconceptions around posture’s role in pain, providing insights, tools and techniques to take back to your clinic.
- 10:45-11:00 Tea & coffee break
- 11:00-12:00 Mr Matthew Walden continues
- 12:00-13:00 Lunch
- 13:15-14:15 Mr Austin Plunket. NCOR research Assistant.
Research relevant to the Osteopathic profession and current NCOR projects
- 14:15-14:30 Tea & coffee break
- 14:30-15:30 Mrs Helen Kingdom Tai Chi and Wing Chun Instructor.
Exploring two main themes of Tai Chi; Fong Song Gong (relaxation and Joint opening) and Chan Si Gong (whole body fluid movement)
- 15:30-16:15 WCSO Sec Discussion of the future options of the CPD delivery
- 16:15-16:30 AOB, Q&A, End of day