

Western Counties Society of Osteopaths  
**Spring Conference**  
Saturday 10<sup>th</sup> June 2017  
Westpoint Exeter, Clyst St Mary, Exeter EX5 1DJ

## **Programme**

- 09.00-09.30**      **Registration and tea/coffee**
- 09.30-11.30**      **Dr Philip Evans MPhil FRCGP DRCOG – GP in Exeter, An Associate Professor of General Practice & Primary Care at University of Exeter.**  
Talking about current research into diabetes and pre- diabetes
- 11.30-11.45**      **Tea/Coffee**
- 11.45-12.45**      **Mrs Carrie Morel – Safeguarding Officer**  
Talking about safeguarding
- 12.45-13.45**      **Buffet lunch**
- 13.45-14.45**      **Mr Matt Wallden – OSCA Member**  
Matt will be presenting insights from his forays into the research and clinical experience around hamstring strain and holistic biomechanics
- 14.45- 15.00**      **Tea/coffee**
- 15.00-16.30**      **Mr Matt Wallden – OSCA Member**  
**Practical/Demo**  
In this part of the presentation Matt will demonstrate some key assessments & rehabilitation techniques used in many lower limb injuries that have the same pattern of strain.